

# Food Drive Donation Recommendations

## For The Church, non-perishable, (*single-serving*)

- bottled water
- fruit juice (100%)
- boxed shelf-stable milk
- nuts
- trail mix
- dried fruits (raisins, etc.)
- soups (canned stew, chili, etc. with pull top lids)
- vegetables (canned with pull top lids)
- tuna (canned with pull top lid)
- salmon (canned with pull top lid)
- chicken (canned with pull top lid)
- whole grain crackers
- beef jerky
- salt packets
- pepper packets

## For The Church, toiletries and cleaning supplies

- toothbrush
- toothpaste
- dental floss
- shampoo
- bar soap
- toilet paper
- laundry detergent

## For The Food Bank, non-perishable foods.

### THE BASIC LIST:

- Meals in a can (stew, chili, soup)
- Tuna and canned meat
- Peanut butter
- Canned foods with pull-top lids
- Low-sugar cereals
- 100% fruit juices in single serving boxes
- Canned fruit packed in juice
- Canned vegetables (low salt)

### Drinks:

- dry milk (evaporated/powdered)
- boxed shelf-stable milk
- fruit juice (100%)

### Meal items:

- hot cereals (like oatmeal)
- cereal (low sugar)
- whole wheat pasta noodles
- whole grain rice
- tomato sauce (canned)
- spaghetti sauce (canned)
- beans (canned)

### Condiments:

- jelly (plastic container)
- ketchup (plastic container)
- mayonnaise (plastic container)
- mustard (plastic container)

### Spices/Seasoning:

- salt packets
- pepper packets

## For The Food Bank, non-perishable, (provide for *single-serving*)

### CHILD-FRIENDLY FOODS:

- Pop-Top Tuna
- 100% Fruit Rolls-Ups (dried fruit)
- Raisins
- Graham Crackers
- Unsweetened Applesauce
- Cheese and Crackers
- Fruit Cups
- Low-sugar Cereal Bowls
- Pretzels
- 100% Fruit Juice Boxes
- Granola Bars (without peanuts)